



Farmington Class Schedule

(Effective: 1/16/17)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HIIT 6:00am-6:30am Marty	Cycle 6:00am-7:00am Janeen	BOOT CAMP 6:00am-7:00am Marty	HIIT 6:00am-6:30am Marty	Cycle 6:00am-7:00am Janeen	
HIIT 6:30am-7:00am Marty	POWER PUMP 6:00pm-7:00pm Janeen	Yoga 9:00am-10:00am Robin Kemp	HIIT 6:30am-7:00am Marty	Cycle 9:00am-10:00am Robin Kemp	BOOT CAMP 7:00am-8:00am Marty
Yoga 9:00am-10:00am Robin Kemp	 7:00pm-8:00pm Lisa	POWER PUMP 7:00pm-8:00pm Janeen	POWER PUMP 6:00p-7:00p Janeen	Yoga 10:00am-11:00am Robin Kemp	 8:00a-9:00a Lisa
DANCE FIT 7:00pm-8:00pm Cathy	Yoga 8:00pm-9:00pm Lisa	 8:00pm-9:00pm Lisa	DANCE FIT 7:00pm-8:00pm Cathy		